Circlemed™ Skin Typing

NAME _____ DATE _____

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

My ethnic origin is closest to: (check one)	I. Very fair (Celtic and Scandinavian)	☐
	II. Fair-skinned Caucasians with light hair and light eyes	☐
	III. Pale-skinned Caucasians with dark hair and dark eyes	☐
	IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)	☐
	V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)	☐
	VI. Very dark-skinned (African)	☐
My eye color is:	Light blue	0
	Blue/green	1
	Green/gray/golden	2
	Hazel/light brown	3
	Brown	4
My natural hair color at age 18 was:	Red	0
	Blonde	1
	Light brown	2
	Dark brown	3
	Black	4
The color of my skin that is not normally exposed to sun is:	Pink to reddish	0
	Very pale	1
	Pale with a beige tint	2
	Light brown	3
	Medium to dark brown	4
	Dark brown-black	6
If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:	Burn, blister and peel	0
	Burn, then when the burn resolves there is little or no color change	1
	Burn, but then turns to tan in a few days	2
	Get pink, but then turns to tan quickly	3
	Just tan	4
	Just gets darker	5
	My skin color is so dark I can't tell	6
When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?	Longer than one month ago	0
	Within the past month	1
	Within the past two weeks	3
	Within the past week	4
	Total Score:	☐

If your score is:	Your skin type is:
0 – 3	I
4 – 7	II
8 – 11	III
12 – 15	IV
16 – 19	V
20 – 24	VI

Notes: